

BREAKFAST

MEGGA BENEDICT	2 poached eggs served on a bagel with glazed ham, bacon, mozzarella cheese & hollandaise sauce, served with home fries \$10
EGGS BENEDICT	2 poached eggs served on an english muffin, with glazed ham & hollandaise sauce, served with home fries \$8
ATLANTIC	2 poached eggs served on an english muffin with crab, asparagus, mozzarella cheese & hollandaise sauce, served with home fries \$11
OSCAR	2 poached eggs with asparagus on an english muffin, topped with mozzarella cheese & hollandaise sauce, served with home fries \$9
FLORENTINE	2 poached eggs on an english muffin topped with sautéed baby spinach & hollandaise sauce, served with home fries \$8
STEAK & EGGS	a tender sirloin, served with 2 eggs, home fries & toast \$12
GRAND	3 eggs any style, belgian waffle, served with bacon, sausage, home fries & toast \$11
BBBLT	canadian bacon, pancetta, sliced bacon, lettuce, tomatoes on ciabatta bread, served with home fries \$9
AVOCADO & EGGS	2 poached eggs, avocado halves & tomato cilantro salsa served with a toasted bagel with cream cheese \$9
GREEN EGGS & HAM	scrambled eggs with baby spinach, served with glazed ham, tomato slices & toast \$6
MEXI WRAP	3 scrambled eggs, grilled chorizo sausage, mozzarella cheese, peppers & onions wrapped in a flour tortilla served with home fries & a tomato cilantro salsa \$10
OMELETTE	Regular or Egg White - with your choice of two: tomato, onion, bacon, cheese, ham, green peppers, mushrooms, black olives, feta cheese, hot peppers, or spinach, served with home fries & toast \$8 each additional item \$1
HEALTHY START	2 poached eggs on grilled tomatoes, served with fresh fruit & honey vanilla yogurt \$8
THE CURE	grilled chorizo sausage, topped with 2 eggs any style & an avocado tomato salsa, served with home fries & toast \$12
THE ORIGINAL	2 eggs any style with bacon, glazed ham or sausage, served with home fries & toast \$5.50 sub fresh fruit for meat \$1 sub fresh fruit for home fries \$1.50 sub canadian bacon for meat \$1
FRENCH TOAST	stuffed with cinnamon apple slices topped with warm pecans & pure canadian maple syrup \$10
BELGIAN WAFFLE	served with syrup, butter & whip cream \$7

M E G G A L O S

ACCOMPANIMENTS:

5 slices bacon \$3 4 breakfast sausages \$3 glazed ham \$3 canadian bacon \$3 chorizo sausage \$5
toasted bagel white or whole wheat \$2 english muffin \$1 home fries \$3 toast \$2 pancetta \$2
cream cheese \$1.50 tomato slices \$1.50 add apple cinnamon, fresh fruit or strawberries to any item for \$4

BEVERAGES

COLD

voss artesian table water (800ml) \$8 (375 ml) \$3.50
voss artesian sparkling water (800ml) \$8 (375 ml) \$3.50
milkshakes: chocolate, strawberry, vanilla,
banana, chocolate & banana \$4
smoothies: strawberry, blueberry,
strawberry & banana \$5
cranberry & apple juice \$2.25
premium orange juice \$2.50
clamato \$2.50
milk, chocolate milk \$2.25
iced tea \$2.20
coke, diet coke, gingerale, sprite \$1.90

HOT

espresso \$2 double \$3.50
café americano \$2
cappuccino \$3.25
café latte \$3.80
add flavored syrup:
hazelnut, vanilla, caramel \$0.50
café mocha \$3.80
chai latte \$3.90
hot chocolate \$3.50
loose leaf tea \$2.75
herbal tea \$2.25
coffee, tea, & decaffeinated \$1.90

restaurant

Breakfast served Saturday & Sunday from 9:00 am to 3:00 pm

APPETIZERS

- GARLIC SHRIMP** sautéed in olive oil, garlic butter & white wine \$11.39
- SPRING ROLLS** marinated julienne vegetables, hand rolled in asian pastry, served with Chef Matthew's ginger garlic hoisin dipping sauce \$9.29
- EAST COAST SCALLOPS** layered on a portobello mushroom with a white wine garlic butter sauce, chevre cheese & herb oil \$11.39
- CHEESE BREAD** baked sourdough, with garlic butter & mozzarella cheese \$5.75
- SPICY GRILLED SHRIMP** brushed with lemon juice & served with a spicy tomato cilantro sauce \$11.39
- SWEET PEAR** candied pear with baked brie, walnuts, cranberries & crostinis served with mixed greens tossed with maple balsamic dressing \$10.39
- LOBSTER CLAWS** steamed to perfection served with garlic butter & white wine \$13.29
- ANTIPASTO FOR TWO** genoa salami, prosciutto & capicola ham, smoked gouda & marinated bocconcini cheese served with a black olive tapenade & sun dried tomato artichoke spread \$14.29
- NACHOS** tri coloured tortilla chips topped with marinated onions, jalapeno, banana & bell peppers, mozzarella cheese, fresh tomatoes & served with fire roasted salsa & sour cream \$10.95
add chicken \$4 add extra salsa or sour cream \$0.50
- FRENCH ONION SOUP** caramelized sweet vidalia onions, fresh thyme, rosemary & red wine simmered with beef broth topped with crostinis & swiss cheese \$5.49
- CAESAR** classic salad topped with bacon bits, parmesan cheese & croutons \$5.49 add pancetta \$2 add chicken \$4
- SOUP DU JOUR** made fresh daily \$4.49
- GARDEN SALAD** served with a choice of maple balsamic vinaigrette, honey lemon vinaigrette or roasted tomato vinaigrette \$5.49

SALADS

all salads served with rosemary focaccia bread, add chevre cheese \$3, add pancetta \$2 add grilled chicken \$4, add applewood smoked chicken \$6

- CHEVRE CHEESE** bacon & tomatoes sautéed with mediterranean vinaigrette placed on a bed of baby spinach & topped with chevre cheese \$12.39
- CAESAR** classic salad topped with bacon bits, parmesan cheese & croutons \$8.49
add pancetta \$2 add chicken \$4
- DOUBLE FETA GREEK** red, green & yellow peppers, tomatoes, red onions, cucumbers & kalamata olives tossed with extra virgin olive oil & fresh oregano \$11.39
- NUTTY CHICKEN** spring mix topped with chicken, apples, cranberries, walnuts & pecans sautéed in our orange & honey vinaigrette \$12.39
- POLIKALO** arugula, applewood smoked chicken, onions, cucumbers, avocado & bocconcini cheese served with a roasted tomato vinaigrette & pinenuts \$14.39

PLATTERS

served with caesar salad & french fries*

**sub greek salad \$4 sub poutine \$3 add peppercorn gravy \$1
add cheddar cheese or bacon \$1.50 ea. add pancetta \$2**

- SIMPLY BURGER** 8oz homemade Angus beef topped with lettuce, tomato, onions, & pickle \$11.49
- GOUDA BURGER** 8oz homemade Angus beef with caramelized vidalia onions, smoked gouda & chipotle aioli \$13.49
- MUSHROOM BURGER** 8oz homemade Angus beef topped with a roasted portobello mushroom & swiss cheese \$13.49
- STEAK SANDWICH** grilled sirloin served open face with basil pesto, caramelized vidalia onions & roasted peppers on ciabatta bread topped with arugula \$13.49 add feta \$1.50 add mushrooms \$1.50
add mozzarella cheese \$1.50
- TURKEY SANDWICH** thinly sliced smoked turkey breast with mixed greens, tomatoes & red onions served with cranberry mayonnaise on artisan pugliese bread \$11.49
- MEGA CLUB** grilled chicken breast, aged cheddar cheese, bacon, lettuce, tomato & mayonnaise on multi-grain bread \$12.49
- THE VEGGIE** basil pesto mayonnaise, portobello mushroom, grilled zucchini, roasted peppers, caramelized onions & roasted tomatoes topped with smoked gouda on ciabatta bread \$11.49
- THE ITALIAN SANDWICH** genoa salami, prosciutto & capicola ham, smoked gouda topped with fresh arugula & a sundried tomato artichoke spread served on ciabatta bread \$12.49
- CHICKEN FINGERS** breaded strips of tender chicken \$11.49
- HADDOCK & CHIPS** made with homemade beer batter \$12.49

*french fries cooked with 0 trans fat

• prices do not include PST or GST