

BREAKFAST SERVED SATURDAY & SUNDAY  
FROM 9:00 am to 3:00 pm

# BREAKFAST MENU

- SUPERSTAR BREAKFAST** 2 scrambled eggs, bacon, homefries & toast \$3.75  
**SERVED FROM 9 - 10 AM ONLY! NO SUBSTITUTIONS**
- MEGGA BENEDICT** 2 poached eggs on a toasted & buttered montreal style bagel with glazed ham, bacon, mozzarella cheese & hollandaise sauce, served with homefries \$11
- EGGS BENEDICT** 2 poached eggs on an english muffin, with glazed ham & hollandaise sauce, served with homefries \$9
- SMOKED TROUT BENEDICT** 2 poached eggs on a baguette with smoked trout & hollandaise sauce, served with homefries \$10
- PHIL & DAVE'S** 2 poached eggs on sautéed mushrooms & fresh tomato slices with basil pesto served with a toasted & buttered montreal style bagel \$9
- FLORENTINE** 2 poached eggs on an english muffin topped with sautéed baby spinach & hollandaise sauce, served with homefries \$9
- STEAK & EGGS** 2 eggs any style, a grilled tenderloin steak with grilled tomatoes & a red wine balsamic & blackberry reduction served with toast & homefries \$14
- GRAND** 3 eggs any style, belgian waffle, served with bacon, sausage, homefries & toast \$13.25
- AVOCADO & EGGS** 2 poached eggs, avocado halves & tomato cilantro salsa served with a toasted & buttered montreal style bagel \$11
- GREEN EGGS & HAM** scrambled eggs with baby spinach, served with glazed ham, tomato slices & toast \$9
- MEXI WRAP** 3 scrambled eggs, grilled chorizo sausage, mozzarella cheese, peppers & onions wrapped in a chipotle tortilla served with homefries & a tomato cilantro salsa \$11.50
- OMELETTE** Regular or Egg White - with your choice of two: tomato, onion, bacon, cheese, ham, green peppers, mushrooms, black olives, feta cheese, hot peppers, or spinach, served with homefries & toast \$9.50 each additional item \$1.25
- ROCKSTAR** 2 fried eggs, ham, bacon, lettuce, tomatoes on ciabatta bread, served with homefries and the Megalos house shooter of butterscotch schnapps, irish cream & grenadine \$12
- HEALTHY START** 2 poached eggs on grilled tomatoes, served with fresh fruit & honey vanilla yogurt \$10
- WILD WILD WESTERN** 3 scrambled eggs, red onion, corn, bell peppers, bacon & ham wrapped in a chipotle tortilla served with homefries \$11.50
- OATMEAL** rolled oats prepared with apples & cinnamon \$7.50
- SUNDAE BREAKFAST** maple almond granola with a layer of honey vanilla yogurt & mixed berries \$8.50
- THE ORIGINAL** 2 eggs any style with bacon, glazed ham or sausage, served with homefries & toast \$6.50  
sub fresh fruit for meat \$1.75 sub fresh fruit for home fries \$1.75
- FRENCH TOAST** stuffed with cinnamon apple slices topped with warm pecans & pure Canadian maple syrup \$14.50
- BELGIAN WAFFLE** served with syrup, butter & whip cream \$7.50

## ACCOMPANIMENTS:

5 slices bacon \$4    4 breakfast sausages \$4    glazed ham \$4    chorizo sausage \$5    homefries \$3  
toasted & buttered montreal style bagel \$2    english muffin \$1    toast \$2    cream cheese \$1.50  
tomato slices \$1.50    add apple cinnamon, fresh fruit or strawberries to any item for \$5

## BEVERAGES

### COLD

voss artesian table water (800ml) \$8 (375 ml) \$3.50  
voss artesian sparkling water (800ml) \$8 (375 ml) \$3.50  
milkshakes: chocolate, strawberry, vanilla,  
oreo, banana, chocolate & banana \$4.75  
smoothies: strawberry,  
strawberry & banana \$5.50  
cranberry & apple juice \$2.75  
premium orange juice \$2.95  
clamato \$2.95  
milk, chocolate milk \$2.50  
iced tea \$2.35  
coke, diet coke, gingerale, sprite \$2.20

### HOT

espresso \$2.25 double \$4  
café americano \$2.35  
cappuccino \$3.95  
café latte \$4.25  
add flavored syrup:  
hazelnut, vanilla, caramel \$0.50  
café mocha \$4.35  
chai latte \$4.50  
hot chocolate \$3.95  
coffee regular & decaffeinated & tea \$2.35  
loose leaf tea \$2.65  
HOUSE-blend of orange, jasmine & darjeeling  
MINT-blend of spearmint & peppermint  
GREEN JASMINE or EARL GREY

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# APPETIZERS

<b>GARLIC SHRIMP</b>	sautéed in olive oil, garlic butter & white wine \$13.50
<b>SPRING ROLLS</b>	marinated julienne vegetables, hand rolled in asian pastry, served with a thai dipping sauce \$12.50
<b>ZUKE PIE</b>	a baked grated zucchini crust topped with roasted red peppers, walnuts, feta cheese & a red wine balsamic reduction \$9
<b>CHEESE BREAD</b>	baked sourdough, with garlic butter & mozzarella cheese \$7
<b>PAPPAS BRAVA</b>	fried sweet potato wedges topped with a chipotle salsa & smoked gouda \$9.75
<b>SWEET PEAR</b>	vanilla & red wine poached pear with almond crusted brie, dandelion jelly, smoked paprika pork lomo & a confit of onion & maple syrup served with crostinis \$18 (serves two)
<b>KAVOURI</b>	atlantic crab & brie dip served with crostinis \$12.50
<b>THE STICKS</b>	hand rolled angus beef meatballs served with a spicy barbeque sauce & a wild blueberry balsamic reduction \$9.50
<b>NACHOS</b>	tri coloured tortilla chips topped with marinated onions, jalapeno, banana & bell peppers, mozzarella cheese, fresh tomatoes & served with fire roasted salsa & sour cream \$13 add chicken \$5.50 add extra salsa or sour cream \$0.75
<b>VEGGIE STACK</b>	eggplant, tomato, avocado, caramelized onion, roasted red peppers, grilled zucchini & herb chevre cheese stacked & roasted, served with mixed greens & crostinis \$11.75
<b>FRENCH ONION SOUP</b>	caramelized sweet onions, fresh thyme, rosemary & red wine simmered with beef broth topped with crostinis & swiss cheese \$6.50
<b>CAESAR</b>	classic salad topped with bacon bits, parmesan cheese & croutons \$6.25 add chicken \$5.50
<b>GARDEN SALAD</b>	served with a choice of vinaigrette dressings: maple balsamic, orange honey, ginger sesame or black olive feta \$6.25
<b>SOUP DU JOUR</b>	made fresh daily \$5.25

# SALADS

**all salads served with rosemary focaccia bread, add chevre cheese \$3.75, add grilled chicken \$5.50, add garlic shrimp \$6.50**

<b>CHEVRE CHEESE</b>	bacon & grape tomatoes with mediterranean vinaigrette placed on a bed of spinach & topped with herbed chevre cheese \$15
<b>CAESAR</b>	classic salad topped with bacon bits, parmesan cheese & croutons \$12
<b>SHRIMP &amp; AVOCADO</b>	sautéed shrimp, avocado, grape tomatoes, cucumbers on arugula in a spicy citrus & cilantro vinaigrette \$18
<b>NUTTY CHICKEN</b>	spring mix topped with chicken, apples, cranberries, walnuts & pecans sautéed in our orange & honey vinaigrette \$15.25
<b>CHICKEN NOODLE</b>	roasted chicken sautéed with asparagus, sugar snap peas, eggplant, carrots, green onions in a sesame ginger vinaigrette tossed with soba noodles \$15.25

# PLATTERS

**served with coleslaw or caesar salad & fresh cut french fries cooked with 0 trans fat add cheddar cheese or bacon \$1.50 ea. add gravy \$0.75 sub poutine \$3**

<b>SIMPLY BURGER</b>	8oz homemade local Angus beef with lettuce, tomato, onions, & pickle \$14
<b>GOUDA BURGER</b>	8oz homemade local Angus beef with caramelized vidalia onions, smoked gouda & chipotle aioli \$15.75
<b>AVOCADO BURGER</b>	8oz homemade local Angus beef with avocado, chipotle salsa & aged cheddar \$17.50
<b>SMOKED BACON BURGER</b>	8oz homemade local Angus beef with maple syrup, double smoked bacon & aged cheddar cheese \$17
<b>THE SPARTAN</b>	grilled chicken breast sautéed with mushrooms, sundried tomatoes & spinach with a black olive pesto on rosemary focaccia \$15.50
<b>STEAK SANDWICH</b>	grilled tenderloin with portobello mushrooms, red onion, horseradish mayonnaise, arugula on a rustic potato panni \$17.50 add feta \$1.50 add mushrooms \$1.50 add mozzarella cheese \$2
<b>MEGA CLUB</b>	grilled chicken breast, aged cheddar cheese, bacon, lettuce, tomato & mayonnaise on multi-grain bread \$14.50
<b>THE BELLO</b>	basil pesto mayonnaise, portobello mushroom, grilled zucchini, roasted peppers, caramelized onions & roasted tomatoes with smoked gouda on a caraway fennel ciabatta \$14
<b>CHICKEN FINGERS</b>	breaded strips of tender chicken \$13.50
<b>HADDOCK &amp; CHIPS</b>	made with homemade beer batter \$14.50